

Trauma Screening and Assessment: Instruments used with adults in state service systems

Compiled by Ann Jennings, Ph.D.

Trauma-informed **screening** refers to a brief, focused inquiry to determine whether an individual has experienced specific traumatic events

Trauma **assessment** is a more in-depth exploration of the nature and severity of the traumatic events, the sequelae of those events, and current trauma-related symptoms.

Trauma Screening:

- *Trauma Assessment for Adults: Brief Revised Version (TAA)*. Used for intake followed by more comprehensive TAA and PCL in South Carolina. (Resnick, 1993)
- *Trauma Assessment for Adults (TAA)* (Resnick, 1993)
- *PTSD Checklist for Adults (PCL)* A 17 item self-report scale. (Weathers 1994)
- *Brief Trauma History Questionnaire (THQ)* (Green&Mueser) Used with *PTSD Checklist for Adults (PCL)* at intake to NH Hospital Psychiatric. (Resnick 1993)
- Traumatic Events Screening Inventory (TESI) (Ford et al 2000)
- Life Stressor Checklist – Revised (LSC-R) Initial assessment of trauma history (Wolfe & Kimmerling, 1997)
- WCDVS version of LSC-R – used with women with substance abuse, mental health and trauma-based issues. (McHugo, 2005)
- *Post-traumatic Stress Diagnostic Scale (PDS)* Self Report (Foa et al), used with comprehensive PDS-Modified, interview (Rosenberg 2004)

For detailed reviews of trauma exposure interviews and measures see Wilson & Keane, 2004, and Briere, 2004

Trauma Exposure/History: Self-Report and Structured Interview

- Life Stressor Checklist – Revised (LSC-R) Initial assessment of trauma history (Wolfe & Kimmerling, 1997)
- WCDVS version of LSC-R – for women with substance abuse, mental health and trauma issues. (McHugo, 2005)
- *Post-traumatic Stress Diagnostic Scale (PDS)* Self- (Foa et al), Report used with PDS-Modified
- *PDS-Modified*; comprehensive; interview/prompts (Rosenberg 2004)
- *Trauma Assessment for Adults: Brief Revised Version (TAA)*. Used for intake followed by comprehensive TAA and PCL SC Inpatient, CMHCs (Resnick, 1993)
- *Trauma Assessment for Adults (TAA)* (Resnick, 1993)
- *PTSD Checklist for Adults (PCL)* 17 item self-report scale. (Weathers 1994)
- Traumatic Events Screening Inventory (TESI) (Ford et al 2000)
- *Brief Trauma History Questionnaire (THQ)* (Green&Mueser) used with PCL at intake to NH Hospital (Resnick 1993)
- *Trauma Experiences Checklist (TEC)* (Nijenhuis)
- *Sexual Abuse Exposure Questionnaire (SAEQ)* (Rodriguez et al)
- *Revised Conflict Tactics Scale (CTS2)* (Straus et al)

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PTSD Symptoms: Self-Report and Structured Interview

- *Clinician Administered PTSD Scale for Adults (CAPS)* (Blake et al, 1995)
- *PTSD Checklist for Adults (PCL-C) for DSM IV* (Weathers et al 1994) (Blanchard et al 1996)
- *PTSD Checklist for Adults (PCL-M for DSM IV) for veterans* (Weathers et al 1994)
- *PTSD Symptom Scale-Interview* (Foa et al, 1993)
- *Post-traumatic Stress Diagnostic Scale (PDS) Self Report* (Foa et al) used with comprehensive *PDS-Modified*, (interview Rosenberg 2004)
- *Trauma Symptom Checklist (TSC-40) Symptoms related to sexual abuse trauma.* (Briere & Runtz 1989)

Psychosocial and Psychiatric Symptoms: Self-Report and Structured Interview

- *Trauma Symptom Inventory (TSI)* (Briere 1997)
- *Diagnostic Interview Schedule for adults (DIS)* (Helzer & Robins 1988)
- *Schedule for Affective Disorders and Schizophrenia Present and Lifetime Version (SADS-PL)* (Kaufman et al 1997)
- *Structured Clinical Interview for DSM-IV (SCID-P, SCID-II)* (Kaufman et al, 1997)
- *Global Appraisal of Individual Needs (GAIN)* substance abuse, legal and vocational issues, depression, anxiety, demographics (includes GPRA data categories) Dennis et al, in press

Self-Regulation: Self-Report

- *Inventory of Interpersonal Problems-Short Form (IIP-32)* (Barkham et al 1996)
- *Post-Traumatic Cognitions Inventory (PTCI)* (Foa et al, 1999)
- *Generalized Expectancies for Negative Mood Regulation (NMR)* (Cantanzaro & Mearns 1990)
- *Meta-Experience of Mood Scales (Meta-Scales).* (Mayer & Stevens, 1994)
- *Positive Affect Negative Affect Scales (PANAS)* (Watson et al 1988)
- *Parenting Stress Index Short Form (PSI)* (Abidin 1995 In Ford, 2005)

Social Support

- *Crisis Support Scale (CSS)* (Joseph et al 1992)
- *Homeless Families Social Support Scale.* SAMHSA

Personal Strengths

- *Hope Scale* (Snyder 1996 In Ford, 2005)

For additional measures see National Center for Posttraumatic Stress Disorder at www.ncptsd.org